

## Biography of His Holiness the Sakya Trizin

**H**is Holiness, Ngawang Kunga Thegchen Palber Thrinley Samphel Wangi Gyalpo, the 41st Sakya Trizin and head of the Sakya lineage was born in 1945 into the distinguished Tibetan Khon family in an unbroken lineage of emanations that include Manjushri, Avalokiteshvara and Vajrapani. The sky was festooned with rainbows and various wondrous signs during his birth.



Early in 1952, an official proclamation, unsealed by a representative of the national government of Tibet, named His Holiness the future Sakya Trizin. His Holiness undertook a long-life retreat the next year and successfully fulfilled the activities of a Sakya master. In 1954, His Holiness passed examinations for inner and outer spiritual dances, and in 1956, at the age of 11, gave his first major empowerment at the Dolma Phodrang. His Holiness believes that the Anutara Yoga Tantra Empowerment that he received from his father when he was only three, is the reason he has not encountered any major obstacles.

At the first Tibetan Buddhist conference in Dharamsala in 1963, the Dalai Lama gave His Holiness permission to establish a Sakya monastery and a lay settlement in India. By maintaining the five precepts, His Holiness has followed in the footsteps of all the great Sakyapa masters and as a result has attained great

skill, high realization, and teaches with great depth. There are several hundred Sakya monasteries and Dharma centers in Tibet, India and other parts of the world that are all under the patronage of His Holiness.

His Holiness extends infinite compassion and wisdom to fortunate disciples through his writings. To date His Holiness has published a detailed list of all the teachings he has received from various masters, an enumeration of the works of the Great Masters of the Sakyapa Order and a two volume autobiography. His Holiness has written commentaries on Birwapa's Guru Yoga Puja and other ritual texts and composed numerous dedication prayers, long life supplications, rebirth prayers and short verses.

His Holiness resides at Sakya Dolma Phodrang, in Rajpur, Dehra Dun, UK, India and His Holiness's worldwide activity continues to benefit countless fortunate sentient beings.